

Cushion Set Up

How to set up a High Profile & Low Profile **ROHO** Cushion



- 1** Place cushion on chair, with air valve accessible at the front. Open valve anti-clockwise



- 2** Slide the air pump's rubber nozzle over the valve and inflate the cushion, until it begins to slightly arch upward, close valve by turning clockwise. (Please note your cushion may have already been inflated like this)



- 3** Sit patient on cushion. They will be sitting on top of the air cells. Air must now be released to position patient correctly.



- 4 Slide your hand between the cushion's surface and the patient's bottom, to locate the lowest bony prominence (ischial tuberosity)

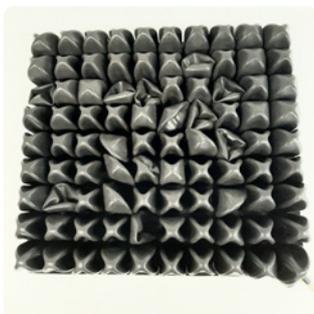


- 5 While keeping your hand under the bony prominence, open the ROHO air valve and let air escape. Continue to let air out until you can feel about 1.5cm - 2.5cm between the patient and the base of the cushion. The person will feel themselves sink into the cushion.

Close the air valve by turning clockwise.



- 6 Check both feet are comfortably on the floor. Adjust chair height if required.



Note: The correctly set up cushion will look slightly deflated. This is normal.

Do not adjust air unless patient is less than 1.5cm from base. If cells look full with nobody on the cushion, it is likely that it is over-inflated.

Remember **"IN IT, NOT ON IT"**